

## Flex Insurance Family & Domestic Violence Support

Family and domestic violence is a complex issue that Flex Insurance takes seriously. Family and domestic violence refers to violent, threatening, or abusive behaviour where an abuser seeks to dominate, coerce or control the other person, often an intimate family member or partner. Family and domestic violence is not limited to physical harm, it can include emotional, sexual, financial, psychological abuse and social isolation as well.

At Flex Insurance we recognise family and domestic violence impacts the communities in which we operate. We acknowledge it is complex, challenging and personal, and if you are affected by it we are committed to supporting you through this difficult time.

### Your safety and wellbeing:

There are a number of services available if you or someone you know is experiencing domestic or family violence. We've listed some these for you on the next page. However, in an emergency, or if you're not feeling safe, always call 000.

### How can we help?

Domestic and family violence is not just limited to physical harm, but can take many forms, including financial abuse. Financial abuse is a form of family and domestic violence where there is force or intimidation used to control some or all financial decisions and force economic dependency.

At Flex Insurance we can help support you by:

- Giving you greater control over how your personal information is shared with third parties
- Finding safe ways to communicate with you in light of your circumstances
- Minimising how often you need to disclose information about family violence
- Helping you set up new insurance policies

- Ensuring an appropriate and sensitive claims handling processes
- Assisting to arrange access to financial hardship help
- Referring you to specialist services.

### Your Insurance

If you need help with your policy, insurance premiums or need to make a claim, please contact us on 1300 201 021. If you already have a claim with us please contact your claims officer directly.

At Flex Insurance we offer support for financial hardship in those times when your circumstances can make it difficult to meet your financial commitments. If you're experiencing financial hardship and have lodged a claim, please speak to your claims officer or contact us on 1300 201 021 to speak to a member of the Flex Insurance team. For more information refer to our [financial hardship page](#).

Sometimes you may need extra help to get your finances back on track during a difficult time. For free, confidential, independent financial advice you can call the National Debt Helpline on 1800 007 007.

### Your Privacy

We recognise that privacy and confidentiality can be critical to safety in any family and domestic violence situation, and we will treat any information you give us about your situation and your personal circumstances with confidentiality. For further information please refer to our [Privacy Policy](#).

## Other Services that are here to help

### 1800RESPECT

**Phone: 1800 737 732**

24 hour hotline for any Australian who has experienced, or is at risk of, family and domestic violence and/or sexual assault

### WIRE Women's Information

**Phone: 1300 134 130**

Free Victorian women's service providing information, referral and support via the Women's Information Centre

### Lifeline

**Phone: 13 11 14**

Anyone across Australia experiencing a personal crisis or thinking about suicide

### Women's Legal Services Australia

**Web: <http://www.wlsa.org.au/>**

A national network of community legal centres specialising in women's legal issues

### Relationships Australia

**Phone: 1300 364 277**

Support groups and counselling on relationships, and for abusive and abused partners

### Aboriginal Family Domestic Violence Hotline

**Phone: 1800 019 123**

A dedicated contact line for Aboriginal victims of crime who would like information on victims rights, how to access counselling and financial assistance

### Kids Help Line

**Phone: 1800 551 800**

Free, private and confidential telephone and online counselling service specifically for young people between 5 and 25 in Australia

### Q Life

**Phone: 1800 184 527**

A dedicated contact line for LGBTI relationship support

### Mensline Australia

**Phone: 1300 789 978**

24 hour phone and online support and information service for Australian men. Supports men and boys who are dealing with family and relationship difficulties

### Ageing and Disability Abuse Helpline

**Phone: 1800 628 221**

A dedicated helpline for abuse of older people and adults with disability

### National Financial Counselling Hotline

**Phone: 1800 007 007**

Free, confidential, independent financial advice